# User Instructions

Mobile Ladders with Platform to BS EN 131-7:2013



KM 608967 BS EN 131-7

# User Instructions for Mobile Ladders with Platform to BS EN 131-7:2013

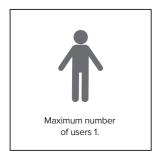
All mobile steps are built to the highest engineering standards and, when used correctly, will provide an operative with a reliable means of access.

Great care should be taken by operatives at all times when using mobile steps for any purpose.

All equipment is supplied on the assumption that it will operate in normal atmospheric and temperature conditions as applicable to the United Kingdom.

Prior to an operative being allowed to use any mobile step, they should be aware of 'The Working At Height Regulations' and trained appropriately.

It is recommended that the Officer of the Company responsible for safety should always be consulted and his approval sought before mobile steps are brought into use. Written working practices should be established by the Company Safety Officer to ensure complete safety of all company personnel when using mobile steps.

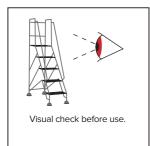




The maximum number of users permitted is one person. The carrying and use of hand tools is permitted. The use of large or heavy toolboxes should be discouraged. The maximum weight allowance is 150kgs.



In proper use the platform is stable. Operatives should be instructed not to lean over the rail. Operatives should stand central to the top platform and work within arms distance of products or maintenance etc.



Complete visual checks before use – make sure there is no obvious damage to the structure of the steps. Checks should specifically look for: welds are structurally sound and no signs of distortion, wheels and or castors are in good condition and not damaged, foot pads are in position and in good order, tread material is in position and still adhered to the steel formed tread, the formed tread is still in good condition and not buckled.



Use only on firm level ground. Surface should be sound and smooth – rough /uneven surfaces could cause the steps to be unstable. Moving the steps around on rough/uneven ground could also cause damage to the castors and footpads.



Never use damaged equipment – any damage found to the steps should immediately be reported to the Health and Safety Officer and quarantined until the appropriate body has undertaken the appropriate repairs.





Use only with stabilisers.

Inspect feet before use – pack sure all rubber/plastic feet are present and in good working condition. If not, spares are available to order. For steps that are fitted with stabilisers – the stabilisers must be in the fully extended position prior to ascending the steps.



For all steps that have a platform height of over 2500mm, they are NOT for outdoor use.



If not a spring-loaded step, then the brake bar must be in the retracted position prior to ascending the steps – i.e: the step must not be in the mobile mode where all 4 castors/wheels are in contact with the ground.

# Moving the spring-loaded mobile step

When there is no operative or any items on the mobile step, the spring-loaded castors will be in the mobile position. Using both hands, hold onto the handrail and push into the desired position.

# Ascending the spring-loaded mobile step

Once positioned in the desired position, hold onto the handrails with both hands and then one foot at a time walk up the step. By doing this slowly, this will allow the spring-loaded castors to retract and the footpads to grip the floor. Ascend the mobile steps by facing the platform/treads only and hold onto the handrails at all times – do not walk up facing away from the platform/treads.

### Descending the spring-loaded mobile step

Hold onto the handrails with both hands and descend the step slowly one foot at a time facing the platform/treads only – do not descend the step by facing away from the platform/treads. Hold onto the handrails at all times when descending the step. Once descended, remove any other items that may have been left on the steps and the spring-loaded castors will expand and the mobile step will then be in the mobile position allowing for manoeuvrability.

# Moving the mobile step

When there is no operative or any items on the mobile step, standing at the foot of the steps, pull the lever towards you and into the locked position. Using both hands, hold onto the handrail and push into the desired position.

#### Ascending the mobile steps

Once positioned in the desired position, standing at the foot of the steps, pull the lever slightly towards you and out of the locked position. Whilst still holding onto the lever, slowly allow the lever to move away from you until it comes to rest on the bar stops. Ascend the mobile steps by facing the platform/treads only and hold onto the handrails at all times – do not walk up facing away from the platform/treads.

#### Descending the mobile steps

Hold onto the handrails with both hands and descend the step slowly one foot at a time facing the platform/treads only – do not descend the step by facing away from the platform/treads. Hold onto the handrails at all times when descending the step.

# **User Instructions**

# List of items to be inspected:

- No obvious damage to structure of the ladder Pass/Fail
- Welds are structurally sound and no signs of distortion Pass/Fail
- Wheels and or castors are in good condition and not damaged - Pass/Fail
- Foot pads are in position and in good order Pass/Fail
- Tread material is in position and still adhered to the steel formed tread - Pass/Fail
- The formed tread is in good condition and not buckled Pass/Fail

# (Before Use): All models

- Ensure you are fit enough to use a ladder. Certain medical conditions or medication, alcohol or drug abuse could make ladder use unsafe.
- When transporting the ladder on roof bars or in a truck, ensure they are suitably placed to prevent damage.
- Inspect the ladder after delivery and before first use to confirm condition and operation of all parts.
- Visually check the ladder is not damaged and is safe to use at the start of each working day when the ladder is to be used.
- For professional users regular periodic inspection is required.
- Ensure the ladder is suitable for the task.
- Do not use a damaged ladder.
- Remove any contamination from the ladder, such as wet paint, mud, oil or snow.
- Before using the ladder at work a risk assessment should be carried out respecting the legislation in the country of use.

# User Instructions (continued)

# (Positioning the ladder): All models

- Locking devices, if fitted, shall be fully secured before use.
- Ladder shall be on an even, level and unmoveable base.
- Ladder shall never be positioned from above.
- When positioning the ladder take into account risk of collision with the ladder e.g. from pedestrians, vehicles or doors. Secure doors (no fire exits) and windows where possible in the work area.
- Identify any electrical risks in the work area, such as overhead lines or other exposed electrical equipment.
- Ladder shall be stood on its feet, not the rungs or steps.
- Ladder shall not be positioned on slippery surfaces (such as ice, shiny surfaces or significantly contaminated solid surfaces) unless additional effective measures are taken to prevent the ladder slipping or ensuring contaminated surfaces are sufficiently clean.

# (Using the ladder): All models

- Do not exceed the maximum total load for the type of ladder.
- Do not over-reach; user should keep their belt buckle (navel) inside the stiles and both feet on the same step/rung throughout the task.
- Do not use standing ladders for access to another level.
- Ladders should only be used for light work of short duration.
- Use non-conductive ladders for unavoidable live electrical work.
- Do not use the ladder outside in adverse weather conditions, such as strong wind.
- Take precautions against children playing on the ladder.
- Secure doors (not fire exits) and windows where possible in the work area.

# (Using the ladder): All models (continued)

- Face the ladder when ascending and descending.
- Keep secure grip on the ladder when ascending and descending.
- Do not use the ladder as a bridge.
- Wear suitable footwear when climbing a ladder.
- Avoid excessive side loading e.g. drilling brick and concrete.
- Do not spend long periods of a ladder without regular breaks (tiredness is a risk).
- Equipment carried out while using a ladder should be light and easy to handle.
- Avoid work that imposes a sideways load on standing ladders, such as side-on drilling through solid materials (e.g brick and concrete).
- Maintain a handhold whilst working from a ladder or take additional safety precautions if you cannot.

# (Repair and Maintenance): All models

- Repairs and maintenance shall be carried out by a competent person and be in accordance with the producers instructions.
- Ladder should be stored in accordance with the producers instructions.

TB Davies (Cardiff) Ltd Lewis Road Cardiff



CF24 5EB

T: +44(0)29 2132 0000 E: sales@tbdavies.co.uk W: www.tbdavies.co.uk